



KWAZULU-NATAL CYCLING

Incorporating – Road, MTB, BMX, Para, Track, Schools and Development
NPO Number: 252 - 094

KZN ROAD CYCLING CHAMPIONSHIPS 2025

ENTRIES OPEN

1 June 2025

DATE – TT – 12 July; ROAD – 13 July

VENUE – Harburg

ROUTE – Harburg – Wartburg

ENTRIES CLOSE – 12:00, Monday, 7 July 2025

President: Owen Botha

Secretary: Rebecca van der Linde Treasurer: Craig Markham

Commission Heads:

BMX: Theuns van Heerden **MTB:** Greg Stedman **Road:** Angus McFarlane

Development: Siphamandla Mbhele **Track:** Ahmed Murchie **Schools:** Andrew McKinnon

Rider Development & Safeguarding: Mbuso Mhlongo **Para:** Michael Ndladla



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GENERAL SET UP



1. Registration, Commissaires, Safety Team set up in Harburg Retreat Main Hall.
2. Toilets available at Harburg Retreat.
3. Food and Beverage stand set up at in front of Harburg Retreat Main Hall.
4. Officials accommodation on site at Harburg Retreat.
5. Finish Time set up on road P-156-2 as per schematic.

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TIME TRIAL – PLAN

KZN ROAD CHAMPS - 2025 - SCHEDULE		
TIME TRIAL		
HARBURG		
SATURDAY 12 JULY 2025		
START - 10:00		
ENTRY FEE - R450		
Category	Gender	Distance
U11	M	12km
U11	W	12km
U13	M	12km
U13	W	12km
U15	W	12km
U15	M	12km
U17	W	12km
40-49	W	22km
50-59	W	22km
60-69	W	22km
70+	M	22km
U17	M	22km
U19	W	22km
30-39	W	22km
50-59	M	22km
60-64	M	22km
65-69	M	22km
U23	W	22km
Elite	W	22km
U19	M	22km
U23	M	22km
Elite	M	22km
30-39	M	22km
40-49	M	22km

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ROAD RACE - PLAN

KZN ROAD CHAMPS - 2025 - SCHEDULE									
HARBURG									
SUNDAY 13 JULY 2025									
ENTRY FEE - R450									
Category	Gender	Laps	Distance	Ascent		Start	Finish	Speed	Expected duration
U11	M	1 s	22km	294m		09:00	09:45	29km/hr	45m
U11	W								
U13	M								
U13	W								
U15	W								
U15	M	2 s	44km	588m		09:00	10:40	32km/hr	1h 20m
U17	W								
40+	W								
70+	M								
50-69	M	2 l	80km	976m		08:10	10:20	38km/hr	2h 10m
U19	W	2 l	80km	976m		08:05	10:05	40km/hr	2h
30-39	W								
U23	W								
Elite	W								
U17	M	2 l 1 s	102km	1 270m		08:00	10:30	40km/hr	2h 30m
U19	M	2 l 1 s	102km	1 270m		08:00	10:30	40km/hr	2h 30m
U23	M								
Elite	M								
30-39	M								
40-49	M								

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Notes –

1. s - denotes “Short Loop”.
2. l – denotes “Long Loop”.
3. 22 km – 1 x Short Loop.
4. 44km – 2 x Short Loops.
5. 80km – 2 x Long Loops.
6. 102km – 2 x Long Loops followed by 1 x Short Loop.

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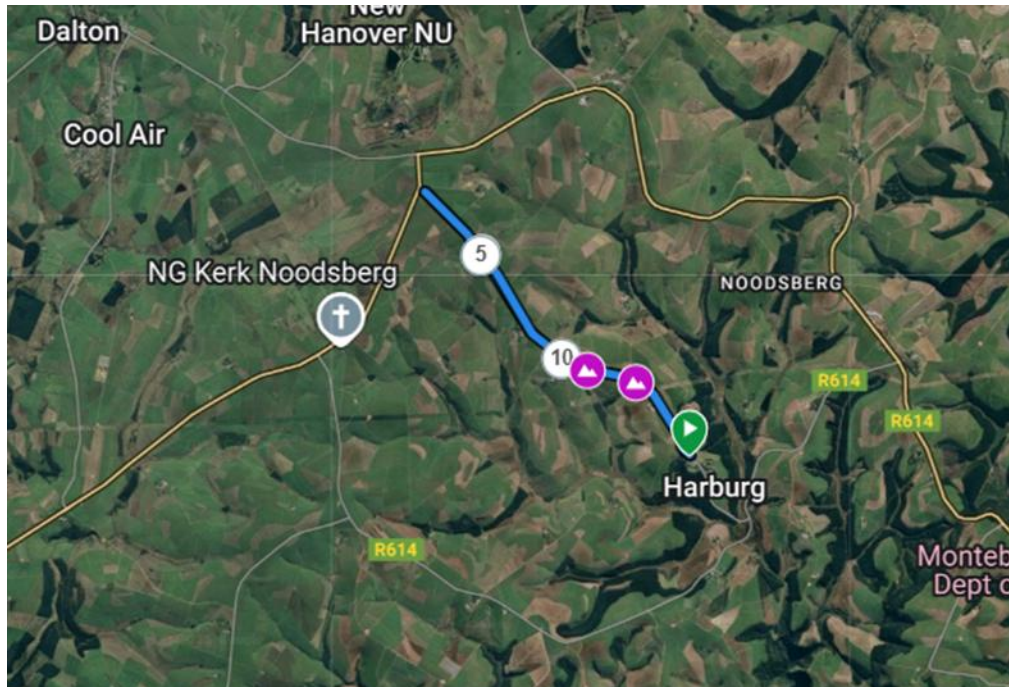
Rider Development & Safeguarding: Mbuso Mhlongo **Para:** Michael Ndladla



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ROUTE – 12km – TIME TRIAL



<https://connect.garmin.com/modern/course/363345737>

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ROUTE DESCRIPTION

1. Start from Harburg Retreat on road P-156-2 in direction of New Hanover.
2. U-Turn before R614 T-junction.
3. Finish at Harburg Retreat on road P-156-2 in direction of Harburg Retreat.

MARSHALS & SAFETY

1. Safety cones and Warning signs placed 500m to 200m and at Start Chute on Road P-156-2, direction Harburg to Harburg Retreat.
2. 4 x Marshalls on Road P-156-2 Harburg side of start to line. Spaced 200m from start area to calm and direct traffic.
3. Safety cones and Warning signs placed 500m to 200m and at Finish Line on P-156-2, direction New Hanover to Harburg Retreat.
4. 4 x Marshalls on Road P-156-2 Harburg side of start to line. Spaced 200m from Finish line to calm and direct traffic.
5. 6 x Marshalls at U-Turn prior to R614 intersection to calm and direct traffic. 3 placed on either direction.

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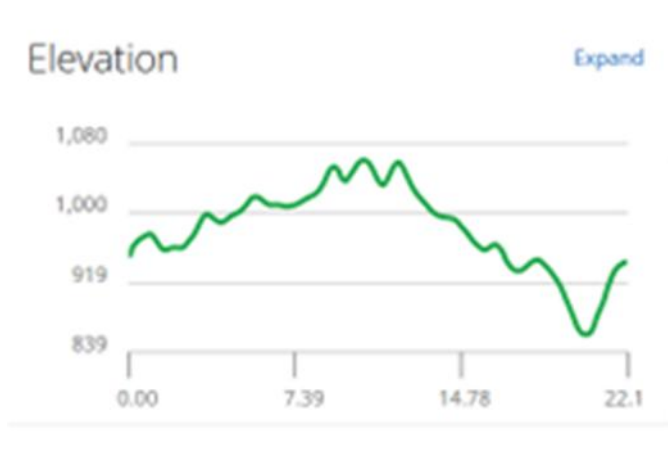
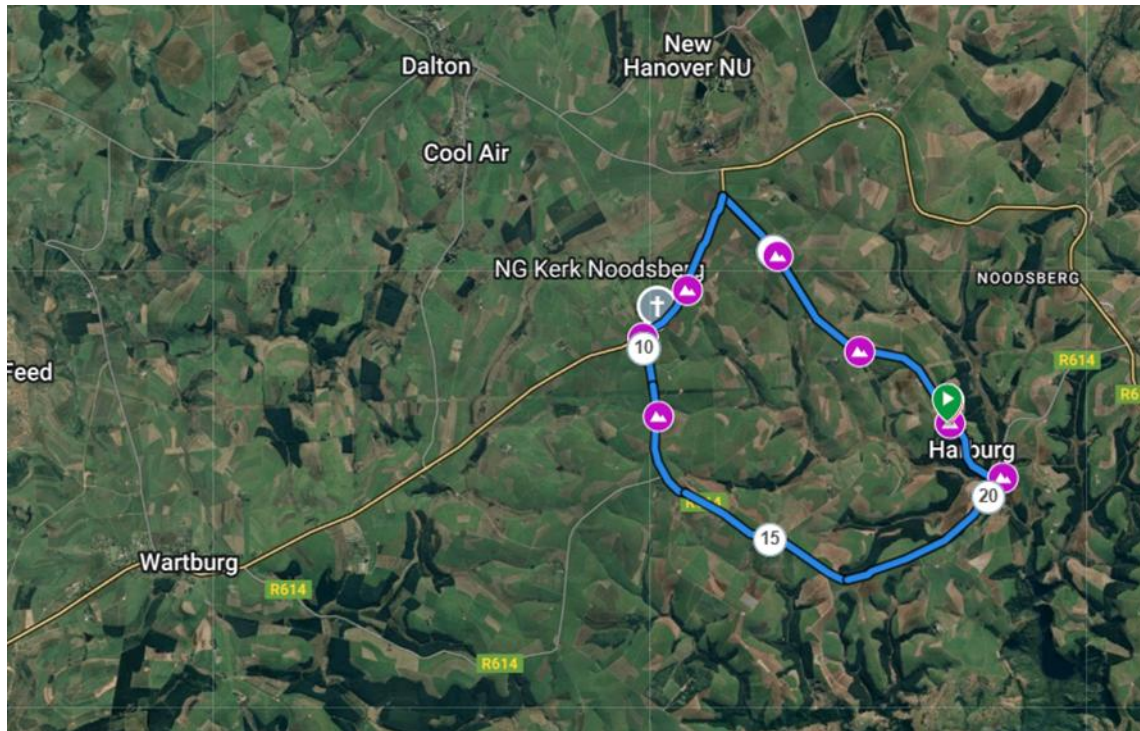
Rider Development & Safeguarding: Mbuso Mhlongo **Para:** Michael Ndladla



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ROUTE – 22km – SHORT LOOP



<https://connect.garmin.com/modern/course/363348183>

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ROUTE DESCRIPTION

1. Start from Harburg Retreat on road P-156-2 in direction of New Hanover.
2. Left turn on Road R614 in direction of Wartburg.
3. Left turn on Road P-480 in direction of Harburg.
4. Left turn on Road P-156-2 in direction of Harburg.
5. Finish at Harburg Retreat on road P-156-2 in direction of Harburg Retreat.

MARSHALS & SAFETY

1. Safety cones and Warning signs placed 500m to 200m and at Start Chute on Road P-156-2, direction Harburg to Harburg Retreat.
2. 4 x Marshalls on Road P-156-2 Harburg side of start to line. Spaced 200m from start area to calm and direct traffic.
3. Safety cones and Warning signs placed 500m to 200m and at Finish Line on P-156-2, direction New Hanover to Harburg Retreat.
4. 4 x Marshalls on Road P-156-2 Harburg side of start to line. Spaced 200m from Finish line to calm and direct traffic.
5. 2 x Marshalls at left turn on Road R614 in direction of Wartburg – calm traffic and direct riders.
6. 2 x “Danger” signs at identified pothole on Road R614 and 2 x Marshals spaced 100m before hazard – 1 of each in either direction.
7. 2 x Marshals at left turn on Road P-480 in direction of Harburg – calm traffic and direct riders.
8. 2 x “Danger” signs at identified section of potholes on Road P-480 in direction of Harburg and 2 x Marshals spaced 100m before hazard – 1 of each in either direction.
9. 4 x Marshals at intersection of Road Bruyns Hill Store to P-480 - calm traffic and direct riders.
10. 2 x Marshals at left turn on Road P-156-2 in direction of Harburg – calm traffic and direct riders.

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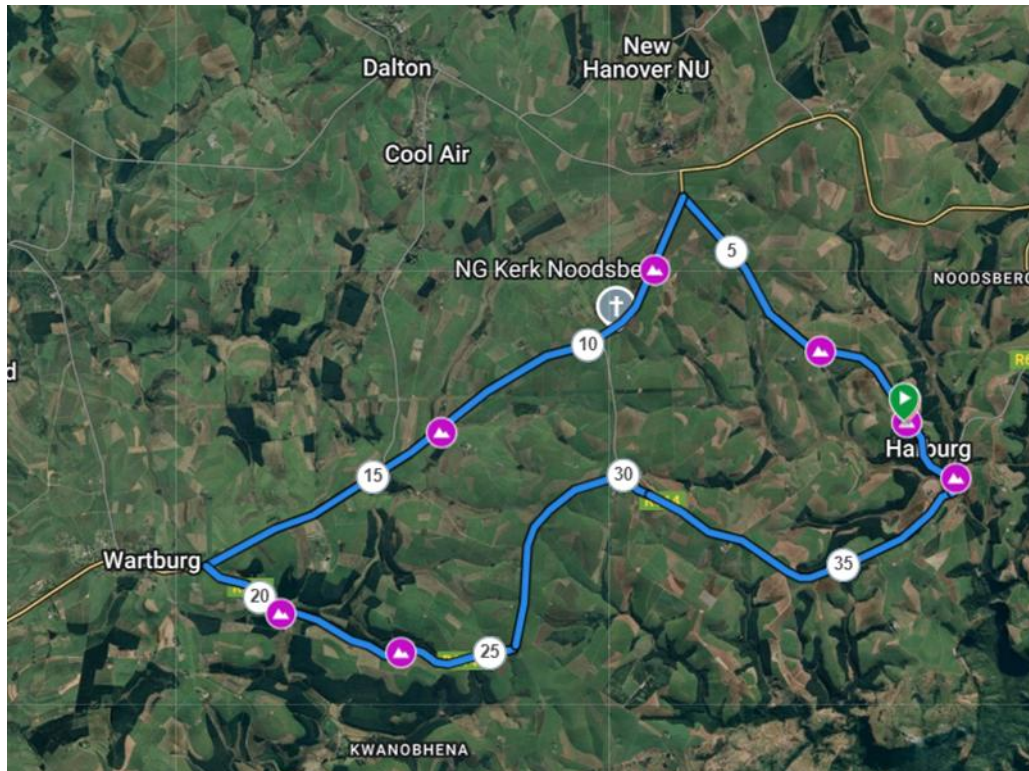
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ROUTE – 40km – LONG LOOP



<https://connect.garmin.com/modern/course/363351861>

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ROUTE DESCRIPTION

1. Start from Harburg Retreat on road P-156-2 in direction of New Hanover.
2. Left turn on Road R614 in direction of Wartburg.
3. Left turn on Road R614 in direction of Bruyns Hill Store.
4. Right turn on Road P-480 in direction of Harburg.
5. Left turn on Road P-156-2 in direction of Harburg.
6. Finish at Harburg Retreat on road P-156-2 in direction of Harburg Retreat.

MARSHALS & SAFETY

1. Safety cones and Warning signs placed 500m to 200m and at Start Chute on Road P-156-2, direction Harburg to Harburg Retreat.
2. 4 x Marshalls on Road P-156-2 Harburg side of start to line. Spaced 200m from start area to calm and direct traffic.
3. Safety cones and Warning signs placed 500m to 200m and at Finish Line on P-156-2, direction New Hanover to Harburg Retreat.
4. 4 x Marshalls on Road P-156-2 Harburg side of start to line. Spaced 200m from Finish line to calm and direct traffic.
5. 2 x Marshalls at left turn on Road R614 in direction of Wartburg – calm traffic and direct riders.
6. 2 x “Danger” signs at identified pothole on Road R614 and 2 x Marshals spaced 100m before hazard – 1 of each in either direction.
7. 2 x Marshals at left turn on Road R614 in direction of Bruyns Hill Store – calm traffic and direct riders.
8. 2 x “Danger” signs at identified section of potholes on Road P-480 in direction of Harburg and 2 x Marshals spaced 100m before hazard – 1 of each in either direction.
9. 4 x Marshals at intersection of Road Bruyns Hill Store to P-480 - calm traffic and direct riders.
10. 2 x Marshals at left turn on Road P-156-2 in direction of Harburg – calm traffic and direct riders.

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GENERAL

1. 1 x KZN Cycling radios available.
2. 2 x roving cars to observe for safety issues. Must have event radios.
These cars to specifically –
 - a. Identify large trucks approaching finish line and rider groups at turns and intersections.
 - b. Identify back marker riders. Communicate with PCP to potentially pull riders off road if risk becomes problematic.
3. Management of laps
 - a. Rider knowledge of route to be emphasised in Final Race Brief and other communication.
 - b. Critical intersections –
 - i. Left Turn on Road P-480 in direction of Harburg.
 - ii. Right Turn on Road P-480 in direction of Harburg.
4. Event Helpers – 2 x Bakkies to set up. 42 signs to be set out on route. Final planning in last week.
5. 1 x Event Manager representative at Start / Finish line throughout event. Event Manager 2 IC. With Radio Comms.
6. Signage up on Friday evening for Saturday Time Trial and Saturday evening for Sunday Road Race.
7. Event organizer to drive route 3 hours prior to each event – Saturday and Sunday. Assess problems.

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Event Notes –

1. Sunrise – 06:50.
2. This is the plan with final confirmation in the Final Race Brief.
3. Age category grouping is dependent on entries.
4. U17 Boys Road Race start time is planned to be with Elites – dependent on entrants.
5. Follow cars for the Elite Men and Woman group and neutral service will be allowed – dependent on entries.
6. Registration – Harburg Retreat
 - a. Time Trial – Saturday 12/07/2025, 08:00
 - b. Road Race – Sunday 13/07/2025, 06:00
7. Manager's meeting –
 - a. Time Trial – Saturday 12/07/2025, 08:00
 - b. Road Race – Saturday 12/07/2025, 16:00
8. Timing will be via Finish Time.
9. Parking at Harburg Retreat only.
10. Food and Beverage services available.
11. Toilets and Showers at Harburg Retreat.
12. Day Licenses will be accepted. Payments arranged from Registration.

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